



recipes, tips and stories about cooking

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EPISODE 25 - FINGERFOODS - 2 SORTS OF WRAPS

Bacon & Spring Onion Wraps

Ingredients per Wrap:

Tortilla

70 - 80 g Cream cheese

70 - 80 g Bacon bits

1 Spring onion

Ground black pepper

Spinach, Rocket and Walnut Wraps

Ingredients per Wrap:

Tortilla

70 - 80 g cream cheese

1 tsp harissa paste

1 handful walnuts chopped

1 handful baby spinach leaves

1 handful rocket salad

Method:

Spread the cream cheese evenly over the tortilla

Spread the other ingredients evenly over the tortilla, too

Roll tightly

Wrap tightly in plastic foil and refrigerate for about 2 hours

Remove from the plastic and slice ends off

Slice in half and then slice each piece diagonally